

# Polasaithe Naíonra Céimeanna Beaga

## Polasaí 14: Sun Safety



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Validity and document management	<p>This document is valid from Nov 1 2018.</p> <p>The owner of this document is the Owner / Manager, who must check and, if necessary, update the document at least once a year.</p> <p>This policy was adopted by Naíonra Céimeanna Beaga on 1 Nov 2018.</p> <p>Signed by: <i>Katie Uí Chaoimh;</i> Príomh Stiúthóir on behalf of Naíonra Céimeanna Beaga</p>

## Sun Safety

We want staff and children to enjoy the sun safely. We will work with staff and parents/guardians to achieve sun safety

### Policy:

#### We request that parents/guardians:

- Apply sun cream to their child/children before they attend school. As in the first instance, it is the responsibility of the parent to apply sun cream to their child/children.
- If necessary put named sun cream in the child's bag and request the staff member to apply the sun cream, every effort will be made by the staff member to do this.

#### We will ensure that:

- On very hot days, children will have reduced exposure to sunlight.
- Where possible, children can seek shade when outside in the sun.
- Ensure that children will wear a sunhat if provided by the parent.

#### We will work towards Sun Safety through the following:

##### Education:

- Discussion with the older children about the sun and the need for protection.
- Letter to be sent to parents/guardians and guardians with regard to sun cream and protection.
- Time spent in discussion at staff meetings about sun safety in the garden.

**Protection:****Timetabling:**

- Children will spend more time playing outside before 11am

**Clothing:**

- We will actively encourage all children to wear a hat when playing outside – for any length of time.
- A small supply of hats will be available for those children who have forgotten their own.

**Sunscreen:**

- We will send letters home asking parents/guardians to apply sun cream to their child before bringing them to school each morning.
- We will also ask parents/guardians for permission for staff to apply sun cream onto their child when appropriate.
- Parents/guardians should bring in sun cream in a named bottle.

**Drinks:**

- Water will be available at all times in the classroom.
- Water will also be available in the garden/school playground while children are playing.

**APPENDIX B: OUTINGS CHECKLIST****✓ Risk Assessment**

The location for the outing should be familiar to staff and a risk assessment should be carried out prior to the visit with the children. Risk assessment forms should be completed and kept for inspection.

**✓ Consent form signed by parents/guardians**

A consent form must be given to and signed by a parent/guardian for trips or outings and retained in the child's file for inspection.

**✓ Contact numbers for each child — parents/guardians**

All contact numbers should be stored in the phone.

**✓ Mobile phone**

Ensure it is charged properly and if credit is needed that there is plenty of credit in the phone. All contact numbers should be stored in the phone.

✓ **Food/snacks and plenty of fresh water**

Especially if it is a hot day these should be chilled before leaving.

✓ **Sun cream and sun hats or rainwear**

Depending on the weather.

✓ **Balls, rings, skipping ropes etc.**

For the children to play games if appropriate.

✓ **A watch with the correct time**

Before leaving the staff should say what time they will be returning and if the time runs late they should ring the manager to inform them of this.

✓ **Always bring a good supply of tissues or baby wipes**

✓ **First Aid Kit and First Aider**

Always bring a small travel first aid kit. A qualified first aider should always accompany the children. Don't forget any medication for children with identified conditions.